



KERALA UNIVERSITY OF HEALTH SCIENCES

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Monthly Report Format

1.Name of the College with NSS Registration No : The Dale View College of Pharmacy and Research Centre (NSS/SFU/TVM/KUHS/10)

2.Name of Programme Officer :Ms. Sony V S (Assistant Professor)

3.Report for the period from 16 / month /year to 15 /month /year

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	22/3/22	WORLD WATER DAY	45	4 hours	Focusing on the importance of water and raising awareness class to students.
2	23/3/22	MARTYR'SDAY	42	3 hour 30 minutes	This day was celebrated to remember all the valiant warriors who fought to protect our country and lost their lives on the front. And also to remember their contribution to our nation's freedom.
3	07/04/22	FREE MEDICAL CAMP	50	5 hour 30 minutes	Provide free and highquality medical services for the poor population.

Brief Description of the activity with photographs if any :-

REPORT ON NSS REGULAR CAMPUS ACTIVITY

WORLD WATER DAY 

World water day was celebrated on March 22nd 2022 by our NSS unit. The value of water is about much more than its price, water has enormous and complex value for air households, culture health and integrity of our natural environment.

Sustainability is the pathway to the future that we all want.





In the forenoon. Our NSS volunteer's makes a virtual programme on creating awareness about the importance of water in life.

On this occasion we made many posters and place a pot of water in front of every classes and this was inaugurated by Shaiju David Alphi and Dr. P Manoj Kumar and he also explained in brief about the importance of water and history behind the celebration of water day. Then we took the awareness class about the water crisis, groundwater depletion, contaminated water resources and advice the ways to conserve water. We all know that without water would be dead full to even imagine. Yet we are not aware of preserving water. Doesn't matter how much rain receive each year, but we all face a water crisis dusting summers.

This is not because of the inadequate rainfall but due to the carelessness in using the available reserves. This world water day, we pledge to minimize the wastage of water and use it wisely.

After the inauguration section, NSS volunteers went to each and every classes for giving an awareness regarding world water day. We were provided an awareness about the importance of water and the things that are remember while using water. Also, we convey messages to the students through preparing posters and quotes then a pledge for the conservation of water was conducted by the volunteers. At last we concluded by giving a vote of thanks and dispersed the class.

REPORT ON MARTYR'S DAY

Shaheed Diwas also known as Martyr's Day is celebrated on March 23rd at The Dale View college of Pharmacy and Research Centre, Punalal. This day was celebrated to remember all the valiant warriors who fought to protect our country and lost their lives on the front. And also to remember their contribution to our nation's freedom.

NSS representatives of The Dale View college of Pharmacy and Research centre conducted an awareness about the particular day to all the students. An awareness video session, talk about the great freedom fighters also pledge regarding the day was conducted. March 23 is remembered as the day when three brave freedom fighters, namely Bhagat Singh, ShivaramRajguru, and SukhdevThapar, were hanged by the British. So the awareness talk was carried out based on the same.

- **Bhagat Singh**

Bhagat Singh was a prominent freedom fighter in the independence movement. He was a national symbol of patriotism and made significant contributions to get freedom from British rule. Bhagat Singh held the title of Shaheed-e-azam (king of martyr's) for his sacrifice at a young age.

- **ShivaramHariRajguru**

ShivaramHariRajguru was an Indian revolutionary from Maharashtra known mainly for his involvement in the assassination of a British police officer. He was an active member of the Hindustan socialist republican association.

- **SukhdevThapal**

He was an Indian freedom fighter who opted for the revolutionary methods to throw out the Britisher from India during his struggle for the independence of India.

- 1. Pledge on Matyr's day**

A pledge was carried out by the NSS(National Service Scheme) representatives. It was to remember the great freedom fighters and to uphold the rights and dignity.



2. Awareness talk on Matyr's day

An awareness talk was carried out by the NSS representatives. It was done to remember the vital role of great freedom fighters. Their sacrifice, hard work, and lifetime fight were included in the talk.



3. Awareness video on Martyrs' Day

An awareness video was showed to all students by the NSS representatives. It was done to create a remembrance about the role of freedom fighters in commemorating independence of India. And also in the video the detailed

description about the lifetime, sacrifice of Bhagat Singh, ShivaramRajguru, and SukhdevThapar, were included.



REPORT ON FREE MEDICAL CAMP

On 7th April 2022 NSS conducted a free medical camp in accordance with the World Health Day celebration. The camp was mainly focused on the people from adopted village in order to ensure their better health. The program was conducted with support of NIMS Hospital. The NSS volunteers had also put all their efforts for making this event a successful one. Before the beginning of medical camp, there was an inaugural function held at the conference hall.

Behind every success there will be blessing from almighty. So we started the function with the prayer song. At 9.00 am we started the function with prayer song by Ms Devi JB & Meera. RL (NSS Volunteers). Then we had a one minute observance of silence in remembrance of late founder & chairman Sri C. Christu Das Sir & Secretary Smt .Santha Das Madam, The Daleview Group of Institution. The welcome speech was delivered by Ms Sony V. S (Assistant Professor) at 9.05 am. Then after, Mrs Deena Das C. S, chairman The Daleview Group of Institution delivered the Presidential address at 9.10 am. At 9.20 am

the Medical Camp was inaugurated by Dr.DivyaSadasivam(Dis.RCH Officer, Dis Medical Officer Govt of Kerala), also delivered the inaugural speech at 9.25 am. The special addressing was done by Dr .Nuzra, Medical officer NIMS Hospital at 9.35 am. At 9.45 am the felicitation addressing had done by Dr. P. Manoj Kumar, The Principal of The Dale View college of pharmacy and research center. Then it reached the end, Ms Devi JB of 6th semester B pharm conveyed the vote of thanks at 9.55 am.

At 9.00 am the Medical Camp has started at the college campus. Different departments have been arranged at different classes of the college campus.

There was

- Cardiology
- Dental
- Diabetic
- Optometry
- General Medicine

Departments. Along with this, there was

- GRRB
- Blood Sugar
- BP
- ECG
- BMI

NSS volunteers were assigned for the registration of patients and also for all the



help they required. The patients were registered and provided with token



number Along with NSS volunteers, there was final year Pharm D students of our college for the guidance and help along with the Patient. All the college faculties & students have also took part in this medical camp. All the doctors were efficient. The patients were also provided with the adequate medicines. Finally the camp ends at 2.30 pm.

Attention Prog. Officer :- The above data shall be submitted in editable format (Not in PDF or Scanned Copy)

(Signature of Prog. Officer)