



KERALA UNIVERSITY OF HEALTH SCIENCES

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File No. DVCP/NSS/Activity/03/2022

(Date: 13/05/2022)

Monthly Report Format

1.Name of the College with NSS Registration No : NSS/SFU/TVM/KUHS/10

2.Name of Programme Officer : Sony V S

3.Report for the period from 16 / 04 /2022 to 15 /05 /2022

Sl. No.	Date	Activity conducted (Name of the Activity)	No. of Volunteers Participants	No. of Hours performed	Achievement to the beneficiaries by the programmes
1	16/4/2022	REGULAR ACTIVITYNSS	2	2 hours	Hope for humanity
2	22/4/2022	EARTH DAY	36	4.5 hours	To demonstrate environment support for environment protection, restore damaged ecosystem and live a more sustainable life.

Brief Description of the activity with photographs if any:-

1.REPORT ON NSS REGULAR ACTIVITY

On 16/04/2022, on morning 8 30AM ,NSS volunteer Asifmuhammad and Ardra b raj went to carmeloldage home aryanad .

Our college chairman Mrs.Deena das , Mr Dinil das and NSS programme officer Ms. Sony V S accompanied with us .We donated beddings to the elders.We also cut cake and celebrate Easter with them and also interacted with the elders and spend the day with them.



2. EARTH DAY

Earth day was conducted at The Dale View College of Pharmacy and Research Centre Punalal on April 22. The day was celebrated by National Service Scheme (NSS) volunteers. Earth Day is an annual event to demonstrate support for environment protection, restore damaged ecosystems and live a more sustainable life. Earth day was first celebrated in 1970, this year marks its 52nd anniversary. Every year on April 22, Earth Day marks the anniversary of the birth of the modern environmental movement in 1970.

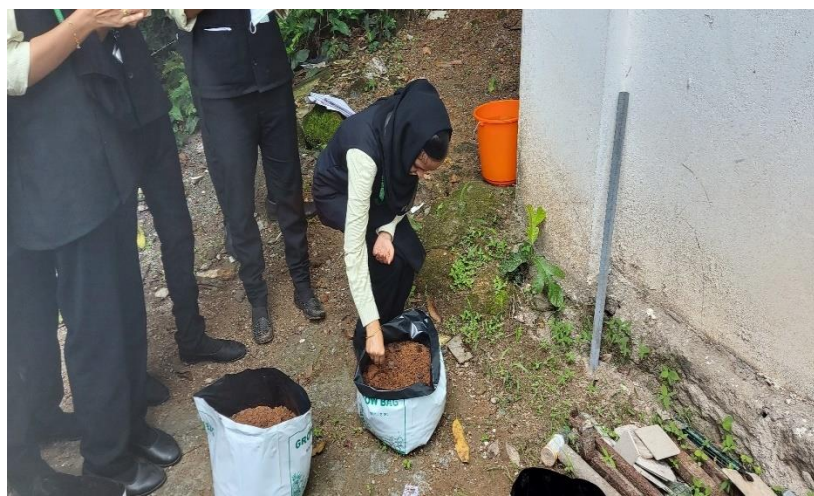
In accordance with the same, the NSS of the college set out various programs. First of all, a rally was conducted by the NSS volunteers with slogans about earth. The rally awake other's mind and made them to understand much more about the importance of earth day. And as a part of earth day observance, the NSS volunteers conducted an awareness lecture at The Dale View Integrated Rehabilitation Centre for Addicts as the continuation of rally. The lecture was about ample steps to prevent the damage to biodiversity. Saving our earth and its environment becomes highly important as it provide us food and water to sustain life. Our well-being solely depends on this planet it gives food and water to all living things to it is our responsibility to take care of it.

In addition to that, a vegetable garden was started at the college campus. For that unused area of the college was used. Grow bags were used for the vegetable garden. Different types of vegetable seeds were sowed by the students as an initial step. The major aim of the same is that, through this process, plants absorb any chemicals, bacteria, or harmful elements floating on the breeze, which they then filter into useful waste products like water and oxygen. Plant roots also help to take in any errant chemicals or heavy metals that might be lurking in your soil. This helps to maintain the earth in a healthy manner.

Rally and awareness talk by NSS volunteers



Vegetable Garden in college





(Signature of Prog. Officer)

Attention Prog. Officer :- The above data shall be submitted in editable format (Not in PDF or Scanned Copy)