

**THE DALE VIEW**  
**COLLEGE OF PHARMACY & RESEARCH**  
**CENTRE**

**NATIONAL SERVICE SCHEME**

(Reg. No :NSS/FU/TVM/KUHS/21)



**NOT ME, BUT YOU**

**DHYUTHI – 7 DAYS RESIDENTIAL CAMP**

**02/02/2023 – 08/02/2023**

## **DAY I (02/02/2023)**

The NSS volunteers reached the college at 8.30am. The volunteers arranged the whole stage for inauguration ceremony and at 10am we started the programme by welcoming the ward member of our adopted village, Mr. Kaduvakkuzhi Bijukumar. One of our volunteers Ms. Sakina has done the welcome speech and then the presidential address was held by Dr. Seena H, Vice Principal. The function was inaugurated by Mr. Kaduvakkuzhi Bijukumar and delivered valuable words for the success of camp. Felicitation address has been delivered by Dr. Shijikumar P S, Principal and honoured the member by delivering a ponnada. There is an interaction session with ward member for students to discuss about the current scenario of the ward and its basic needs.

At 11 am, we had an orientation class taken by Dr. Rubin Philip (Assistant Professor, S B College), The session consists of valuable informations regarding the origin and the development of NSS. The session was finished by 12.30 pm. After that camp grouping and various committees were formed.

The campers were shifted to camp area by 1pm and had their lunch. After lunch volunteers cleaned the camp area. After the successful completion of cleaning activity, volunteers had their tea time and rest period.

At 6.00pm an icebreaking session has been conducted by Mr. Vishnu, and it was a wonderful experience for the volunteers. The session helped volunteers to get charged and came to their maximum energy. That was a new experience for the volunteers. They were really excited by the session.

At 9.00pm volunteers got their dinner and the lights were off by about 11.00pm.















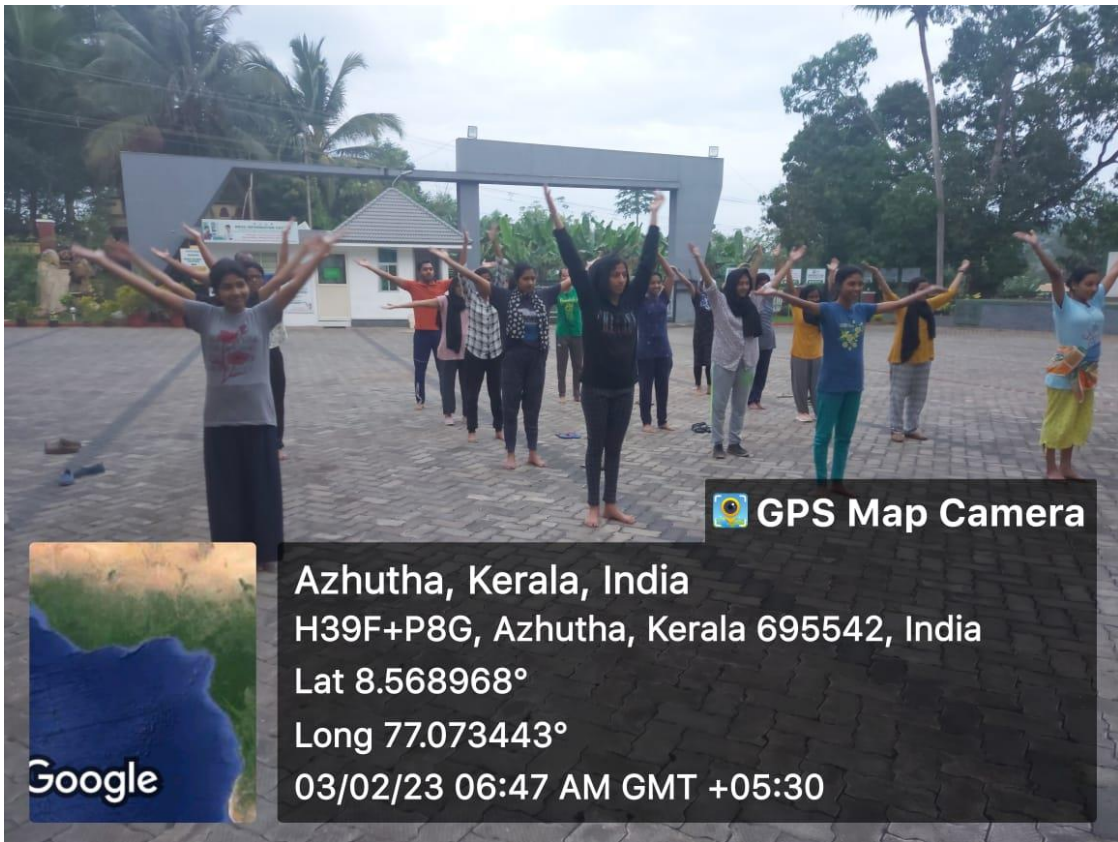





## **Day-2 (3/2/2023)**

We NSS volunteers warmly welcome the second day of DHYUTHI with flag hosting at 6am in our college campus .After that, we took a workout session and dispersed by 7:30 am and we had our breakfast. The major activity of the second day was community cleaning activity at the adopted village, for this we choosed the Anganvadi area of the Puthumangalam Ward. After cleaning we come back and had our lunch. Then we had a practice session for our flash mob. At 3:30pm we reached our college campus by an evening walk. From there we moved to shangumukham beach for conducting a flashmob. We reached Shangumukham beach around 5:15 pm with lots of dedication and give an awareness to public about the moto of “NOT ME BUT YOU”

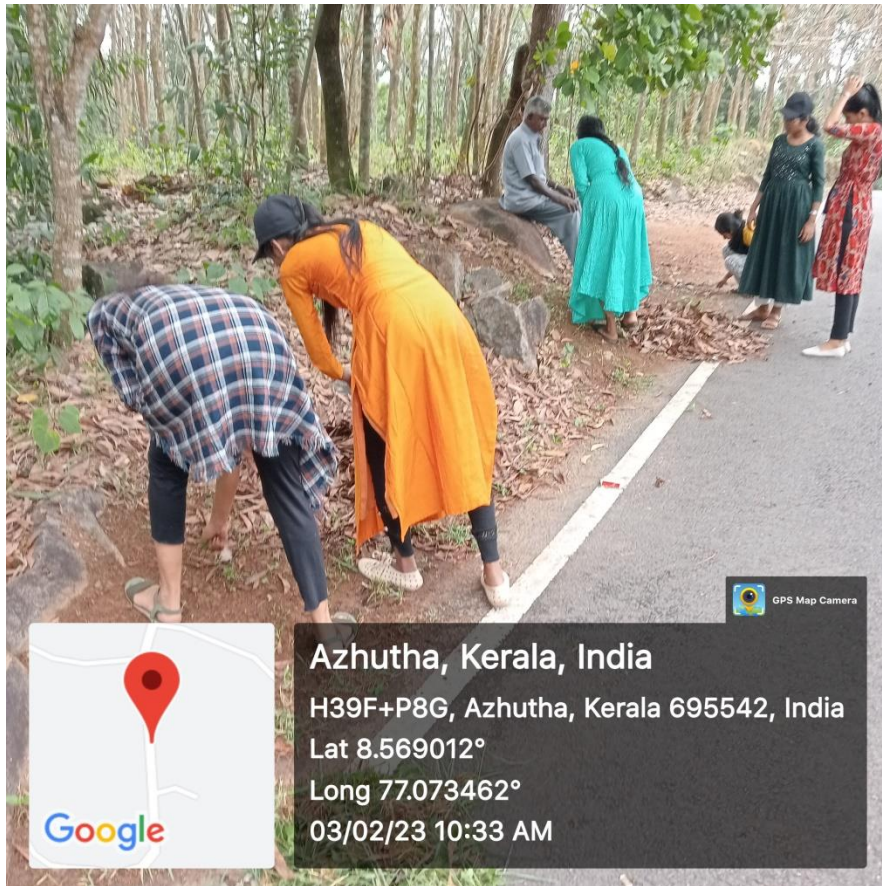
Around 8:00pm we return back to our college. At 8.15 pm there is a UN parliament session for the volunteers, were each of the 2 volunteers represented the different countries of the world. Mr. Asif Mohammed takes the leadership and act as the UN Secretary General. He organised and conducted the session wonderfully by commanding and requesting to the representatives of each country. The topic of the discussion was “**Unemployment and job oppourtunities**” and it is one of the good topic which can be discussed in a UN parliament in the current scenario, volunteers handled it easily. The session was arranged with 2 rounds, in which each country got 2.5 minutes to speak on each of the rounds. It make everyone to speak individually about each country with a topic unemployment and job oppurtunities. It helps to develop volunteers individualities and help to develop their communication abilities. After that we windup the session, came back to camp area and had their dinner. There is a presurvey meeting has been organized by the programme officer. He divided the volunteers into 5 groups, explained about the importance and approach to be taken to conduct the survey and cleared the doubts of the volunteers about the survey questions. After all these activities NSS volunteers felt mind relax and calm full. The day was wound up with the cultural activities.



 GPS Map Camera



Azhutha, Kerala, India  
H39F+P8G, Azhutha, Kerala 695542, India  
Lat 8.568968°  
Long 77.073443°  
03/02/23 06:47 AM GMT +05:30

















### **Day 3 (04/02/2023)**

The day 3 starts with a warm wake up at 5:30 am, the flag hoisted and regular assembly with NSS song. About 6:15 am we started our yoga and exercise session conducted by Arya Sreekumar and Ahaliya. After that report and camp paper were read.

By 9.00 am volunteers were moved to different area of the village and collected the data on the basis of the survey questions. It was a Health & Economic survey to analyse the common health issues of the community and their financial problems. Each group collected data of at least

10 houses of the ward. It was a wonderful experience for the students, they learned about how to behave in a community and how to approach the people on these thing. Volunteers really happy with the response form the community and they were thrilled.

The students came after the survey had their lunch and rest time. After that the data entered into the google form by each team and the survey report committee prepared the report based on these data with the help of other students. After the dinner students got chance to perform their cultural programmes.









### **Day 4 (05/02/2023)**

After the morning flag hoisting and exercises, volunteers had their breakfast and moved to Kottoor tribal village for the activities. 'Namasthe' is an organization for safeguarding the children on that community. It gave importance to the education of the tribal students. At 10 am we reached at Kottoor tribal village for rural innovation program and cultural exchange in accordance with this, volunteers conducted some fun games and programs with children, like musical chair and prize where given. Volunteers also made payasam for the children which made them happy. Volunteers came back to camp by 2.30 pm and had their lunch. Then they had a break time.

After the break time volunteers started to prepare the magazine. All the campers made their own works and submitted to the magazine committee. The committee scrutinized and bound it with a beautiful cover page. By this time the food committee prepared the dinner and supplied to the volunteers by 9.00 pm.













## **DAY 5 (06/02/2023)**

Like every day, the day 5 of the camp also began with Flag hoisting and exercise. The morning activities were finished and volunteers had their breakfast. After that, the volunteers moved to different area of the village and visited houses and gave plants for planting on their houses. Also the volunteers take an initiative to test the pH of water samples collected from the water sources houses. From this, it was noted that many of the houses in the village were using water with acidic nature. The residents were instructed to confirm this by sending samples to the analytical laboratory of the water authority situated in Vellayambalam, Thiruvananthapuram. The residents of the adopted village were very happy and thankful with the activities done by the NSS volunteers and they appreciated the volunteers. The compliments obtained from the public was really encouraged the volunteers.

The volunteers were back to camp area at afternoon and had their lunch. After the lunch volunteers had an orientation class about women empowerment at the camp area by 2.00pm. The session came to end by 4.00 pm. Followed by this volunteers had a tea time and after this allowed time for practicing for the cultural activities on the camp fire. At 7.30pm camp fire started and volunteers performed various fun games and other cultural programmes.

After the camp fire, the volunteers had their dinner and lights off by 11.00pm.











## **DAY-6 (07/02/2023)**

On the day 6 of the camp, the day started with regular morning activities followed by the orientation class on ELC Module at the campus. The session was handled by Mrs Jisha Abraham (Assistant Professor, Dept of Political Science, Govt College Nedumangad). The session was started by 11.00 am with an introductory speech of Mr. Sivaram R (Programme Officer, NSS). The class goes to about 2 hrs, by this time the importance of Electoral Literacy Club and systematic voter's education etc. were explained by the resource person in detail. The Moto for the ELC was "No vote to be left behind". Mrs. Jisha Madam gave awareness about the curiosity of the election and voter awareness form gives the idea about the election club. At the end Ms Reshma K J delivered ponnada one of our volunteer Asif wind up the session by saying vote of thanks.

Around 3:00pm an awareness class on drug abuse was organised at the campus and the session was handled by the excise department of Kerala. The excise inspector delivered his valuable words about the current scenario of our society and how the students became trapped in the nets of this drug mafia. The speech from the excise department was really an eye opener for the volunteers. The day was finished with a great cultural evening in which volunteers got more time to express their cultural talents.

















## **Day 7 – (08/02/2023)**

The last day also started by 5.30am with the regular flag hoisting and exercises. After the breakfast, NSS unit conducted awareness on the topic ‘Child marriage and Health and Social Challenges’. The class started with NSS anthem by NSS volunteers. After that Dr Shiji kumar, Principal, The Dale View College of pharmacy and research centre delivered the welcome address, followed by presidential address by Dipin Das the Director of Dale view group.

The inauguration was done by Smt Jeeja. S (Women protection officer, Women and Child Development department, Govt of Kerala TVM). Smt Jeeja shared her knowledge about child marriage. Adv Sreeja Sasidharan conducted a class on the challenges of child marriage to the society after inauguration she also explained about the domestic violence, POCSO case etc.

As a part of this, they showed a short film “Imcha”. It was a truly motivated one that breaks the norms of the society. An Interactive session was organised followed by this film. The session was really useful. Vote of thanks was done by NSS volunteer Fathima.

After the lunch time, the valedictory function was started by 2.30 pm at the anganvadi area of the adopted village in which Mr. Kaduvakkuzhi Bijukumar (Ward member), Mr. Dinil Das (Manager of the Dale View High school) were participated. The ward member Mr. Kaduvakkuzhi Bijukumar inaugurated the programme and released the magazine by presenting it to Mr. Dinil Das. Followed by this, Mr. Dinil Das gave a felicitation address to the volunteers. The function was windup by 4.00pm and the camp was disposed by 4.30 pm.















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**EMRUVANANTHAPURAM**