



VOICE OF DALE

SEPTEMBER 2022

ONAM MELODY 2022



Punalal: The Dale View College of pharmacy and research centre together with NSS has conducted Onam celebration in a grand and traditional manner. Onam celebration has been inaugurated on the 2nd friday of September 2022 in the college auditorium at 9 AM . The program was started with prayer song and then welcome speech held by 1st semester student sivani and 2nd semester student Aiswarya C.S Nair. The Principal of the college Dr Shiji Kumar P S, Chairman Dr Deena Das C S, Managing Director Dr Shyju David Alfi and Vice Principal Dr. Seena H jointly inaugurated the celebration by lighting the traditional lamp. After the inaugural ceremony students performed a thiruvathira, Then the students have started to make an athapookalam in front of the college. After this different entertainment activities like lemon and spoon, sundarik pottuthodal, musical chair, kalamadi etc were conducted After a delicious ona sadya, students performed various cultural programs. So many departments had participated in the culture programs. The presents & prizes had been distributed by the Vice Principal Dr. Seena H to the students.



On the same day, a sports kit was gifted by the management to the students.

ONAM CELEBRATION 2022 @ THE DALE VIEW

Punalal: The Dale View Group Celebrated onam on 3rd September 2022 at The Dale View College of Pharmacy and Research Centre. Various competitions like vadam vali, filling water in the bottle etc.were held and prizes were distributed. Cultural cometitions like Thruvathira,, Group songs were also conducted. The Dale View College of Pharmacy and Research Centre got over all champion ship.



PARENTS TEACHERS ASSOCIATION EXECUTIVE MEETING



Punalal: A Parents Teachers Association Executive Meeting was held on 05th September 2022 at The Dale View College of Pharmacy and Research Centre.

CAMPUS PLACEMENT DRIVE



Campus Placement Drive 2022 in association with G G Hospital, Trivandrum



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WORLD PHARMACIST DAY



Punalal: The Dale View College of Pharmacy and Research Centre celebrated World Pharmacist Day on 24th of September 2022 organized by the Department of Pharmaceutics and the event was inaugurated by Mr. Rajeev V R Registrar Kerala State Pharmacy Council, Trivandrum.

The programme started with prayer at 10 AM and was compared by seventh semester Bpharm students. Welcome speech was done by Ms. Shijina S of seventh semester B.Pharm. She welcomed Dr. Shiji Kumar P, Principal, The Dale View College of Pharmacy and Research Centre for the presidential address. He explained the roles of pharmacists in creating a healthy society. The Doctors keep our lives healthy and cure various diseases as the pharmacists also have a great contribution in the health care sector. These are the people who have complete knowledge about medicine. Pharmacists play a vital role in the health department. Pharmacists have an important role in preparing new medicines, discovering them, inventing different types of vaccines and delivering them in large numbers to the market. They train, discover and research new medicines and it was so inspiring for every pharmacist out there.

Next was our World Pharmacist Day celebration inaugurating session by most suitable one Prof. Rajeev V R, Registrar, Kerala State Pharmacy Council, Thiruvanthapuram, he enlightened us with his valuable words and officially inaugurated the event by lighting the lamp.

The Pharmacist Day celebration was continued with flash mob organised by Ist Pharm D and 5th semester Bpharm students and rally from college to PHC, Vellanad.



BUONA FORTUNA '22 OFFICIAL LAUNCH



Punalal: The official name launch of the graduation ceremony of the year 2022 was done by Honourable Governor of Goa, His Excellency Shri. P.S. Sreedharan Pillai at the Government Guest House, Thycaud on 21st September. The event is termed as Buona Fortuna '22, "The World Awaits" and will be held on 4th October.

FAREWELL FOR DIPLOMA



Farewell function for Diploma on 22nd September 2022 at The Dale View College of Pharmacy & Research Centre.





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NATIONAL NSS DAY

Punalal: NSS Unit of The Dale View College of Pharmacy and Research Centre celebrated the NSS day on 24th of September with great fervor and enthusiasm. The National Service Scheme (NSS) is a public service program conducted by Ministry of Youth Affairs and Sports. Every year, NSS day is observed on September 24th across India. The National Service Scheme was launched in 1969, the Birth centenary year of Mahatma Gandhi in 37 Universities involving 40,000 students. It has now been extended to all the states and Universities of the country. In the year 1952, the government emphasized the requirement of social and labour service by Indian students for a year.

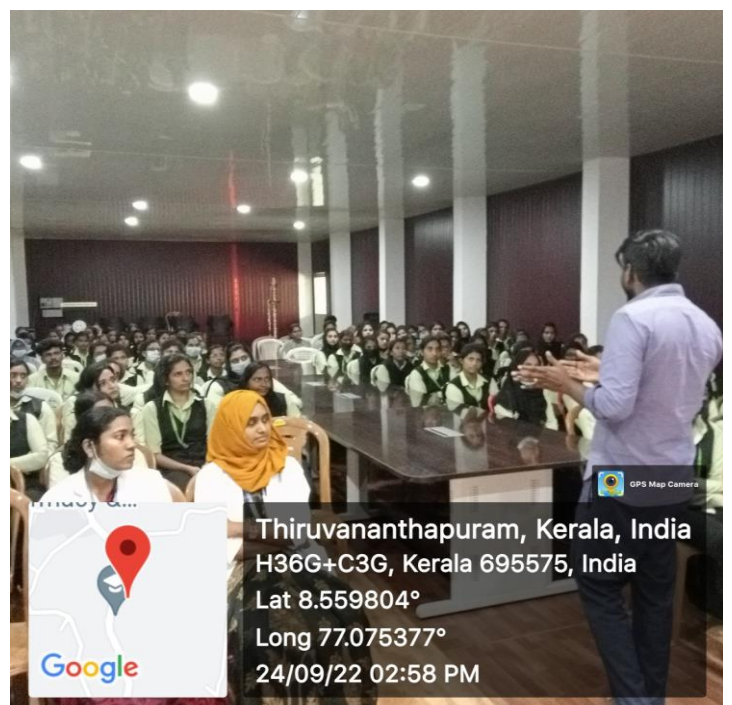
At the outset Mr Sivaram R, NSS Programme Officer started with a meeting with Program Coordinator, Program Officers and the students. The programme was started with the NSS anthem by the NSS volunteers. We conducted an orientation class regarding this day. The classes were taken by **Mr Dinil Das C S**. He highlighted the importance of the NSS day along with the role of NSS volunteers in spreading awareness among the masses on different issues.

At the end of the programe NSS Day Celebration Programme 2022 was declared as over by giving vote of thanks and National anthem

WORLD BONE MARROW DONOR DAY 2022



Punalal: world bone marrow donor day was Conducted by 5th semester B.Pharm students on 19th September 2022 in The Dale View College of Pharmacy and Research Centre, Thiruvananthapuram



WE CARE FUND COLLECTION



Punalal: As part of the Karthavya varam, the NSS unit collected and transferred an amount of 5002/- rupees to the bank account of Kerala Social Security Mission. The NSS volunteers had collected the amount from students and staff of our college. Also, the volunteers organized a 'kouthuka lelam' using the brinjal harvested from our vegetable garden on 30th September 2022.

PHARMACOVIGILANCE AWARENESS WEEK 17th TO 23rd

Punalal: The Dale view college of Pharmacy and Research Centre Conducted seminar on topic "ENCOURAGING REPORTING OF ADVERSE DRUG REACTIONS BY PATIENTS." September 20, 2022, as a part of National Pharmacovigilance Week celebration. This program was organized by Seventh semester B Pharm students under the guidance of Mrs. Abhirama B R, Professor & HOD, Department of Pharmacy practice. The program started at 9.00am with prayer and inaugural function. Dr. Arun K P, Professor Department of Pharmacy Practice, JSS ooty was the chief guest and speaker of the seminar. After the inaugural section the speaker conducted seminar in detail on the topic ADR and the reporting of ADR. The class ended at 12.30 pm and after the poster presentation carried out. Poster presentation valuated and the first prize to poster number 14 and second prize for 8th poster. Vote of thanks by Abhirama B R and the momento to speaker was presented by Dr. Shijikumar, Principal The Dale View College of Pharmacy & Research Centre..



WORLD ALZHEIMER'S DAY

Punalal: On behalf of World Alzheimer's day on 21st September 2022, Red ribbon club of The Dale View College of Pharmacy and Research Centre conducted an awareness program on 22nd September 2022.

It was organized by Third Semester B Pharm students under the guidance of Ms. Kavya S, Lecturer, Department of Pharmacy Practice. The theme of the day was "Know Dementia, know Alzheimer's". The main aim of this day is to spread awareness about the Alzheimer's.



World Alzheimer's day is observed to raise awareness of early signs of dementia and the significance of being diagnosed as quickly as possible. On this day, the world concentrates its efforts on creating awareness of Alzheimer's disease. On this day we conducted awareness class about Alzheimer's disease and attracted audience with colourful posters which included the disease, symptoms, prevention and treatment of Alzheimer's with pictorial representation.

The main purpose of the awareness class was to make the public know about the care we have to take against Alzheimer's. We used posters to convey the messages. Posters contained valuable informations regarding role of Cholesterol in Alzheimer's disease, advantages of physical activities and how to control diet. Ms. Aamina and Ms. Saranya, students of third sem B Pharm, coordinated the poster presentation. The awareness class was held at T.K Nagar, Punalal village and the class was taken by Ms. Aiswarya, student of Third sem B Pharm. She explained the definition, cause, prevention and role of cholesterol in Alzheimer's disease. "Prevention is better than cure" It is the most valuable information to be spread regarding Alzheimer's disease. It is observed each year on 21st September.



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PHARMACIST DAY PROGRAM AT KERALA STATE PHARMACY COUNCIL.

Punalal: Pharmacist day program at Kerala State Pharmacy Council. Pharm.D students with Pharmacy council Registrar, Council members, Drug inspector, Pharmacy inspector and speakers on 25th September 2022



AWARENESS CLASS AND POSTER PRESENTATION ON



Punalal: In accordance with World Pharmacists Day Celebration 2022, Dept.Of Pharmacy Practice had conducted an awareness class and poster presentation on rabies at Utharamcode High School, Kottloor Trivandrum.

"VICTORY ONLY COMES THROUGH WEAR AND TEAR " WORLD RABIES DAY



Congratulations to our students of Fifth Pharm D 2017- 2023 batch for their awesome success in the exams conducted under Kerala University of Health Sciences, Thrissur.

WORLD RABIES DAY AND NUTRITION MONTH CELEBRATIONS



Punalal: In connection with World Rabies day and Nutrition month celebrations, an awareness class was conducted at The Dale View High School, Punalal, Trivandrum on 28th September 2022.

FAREWELL FUNCTION FOR FINAL YEAR PHARM.D STUDENTS



"Every new beginning comes from some other beginning's end" Farewell function for final year Pharm.D students at The Dale View College of Pharmacy & Research Centre on 29th September 2022.



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WORLD HEART DAY

Punalal: On behalf of "World Heart Day", The Dale View College of Pharmacy and Research Centre celebrated "World Heart Day" on 29th September 2022. The program was coordinated by Red Ribbon Club. The programme was organized by Fourth Pharm D students under the guidance of Ms. Safna N Fazil, Assistant Professor, Department of Pharmacy Practice.



THE DALE VIEW
COLLEGE OF PHARMACY AND RESEARCH CENTRE

RED RIBBON CLUB
WORLD HEART DAY
29th SEPTEMBER 2022

WORLD HEART DAY
"USE HEART FOR EVERY HEART"

- Poster Presentation
- Video presentation
- Awareness Class
- Flash Mob

- Push Up Challenge
- Zumba Training
- Yoga Class:
Trainer: Mrs. Sruthy S.A
Asst. Professor,
DVCP&RC

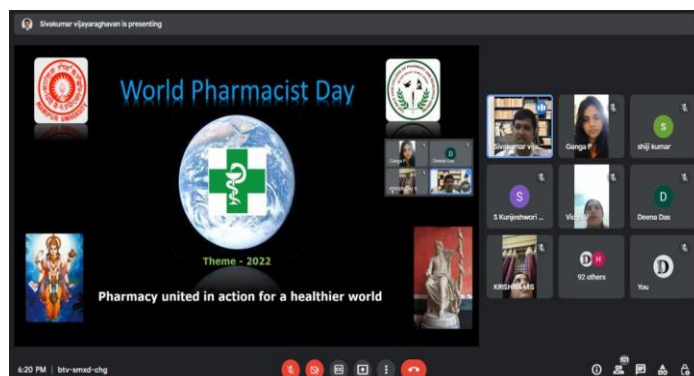
Venue: 1. Aryanad Police Station
2. Velland KSRTC Bus Stand
3. Vellanad CHC

Venue: College Auditorium

Coordinated by; Red Ribbon Club

WEBINAR ON THE TOPIC "NANOMEDICINE TO ADDRESS BONE METASTASIS"

Punalal: As part of World Pharmacist Day Celebrations, Pharmacology department of The Dale View College of Pharmacy and Research Centre conducted a webinar on the Topic "Nanomedicine to Address Bone Metastasis" by Dr. Sivakumar Vijayaraghavalu, Associate Professor, Dept. of Life sciences, Manipur central University, Imphal. The program was inaugurated by Prof. (Dr). R. Varadharajan, Professor and Dean, Dept. of Life sciences, Manipur central University, Imphal, on 26th September 2022.



World Heart Day is celebrated every year on September 29 to raise awareness about the rising concerns of heart health and cardiovascular illnesses. The theme of World Heart Day 2022 is 'USE HEART FOR EVERY HEART'. World Heart Day is an opportunity to stop and consider how to use the heart for humanity, for nature and for us. This day also educates that by controlling risk factors such as tobacco, unhealthy diet and physical inactivity, at least 80% of premature deaths from heart disease and stroke could be prevented, according to the World Heart Federation (EHF).

Seventh semester B.Pharm students conducted a flashmob and awareness class at Community Health Centre, Vellanad, KSRTC Bus stand, Vellanad and Aryanadu Police station premises. The awareness class focused on various types of heart diseases and their prevention. The program was very beneficial to the public. The students prepared posters and displayed at college campus. Conducted Yoga class, Zumba training and push up challenge on 30.9.2022.

Beyond off-loading stress, practicing yoga may help lower blood pressure, blood cholesterol and blood glucose levels, as well as heart rate, making it a useful lifestyle intervention. The trainer for yoga class was Mrs. Sruthy SA, Assistant Professor, Department of Pharmacy Practice, The Dale View College of Pharmacy and Research Centre. She provided information regarding basics of Pranayama, Meditation and some cardiac exercise postures. The programme was very beneficial for students.

UPCOMING EVENTS: OCTOBER

1. NAAC inspection.
2. Graduation ceremony.
3. Workshop on pharmacophore modelling & biomolecular interaction .