



SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

ESTD : 2000

[An Establishment of K.V.Education Trust]

Door No. 21-41 B, Cheruppaloor - 629 161, Kulasekharam.

[Regd. No. : 132/97 under Trust Act in India]

Accredited by NAAC with B+ Grade & NABH

KULASEKHARAM, KANNIYAKUMARI DIST., PIN-629 161, TAMIL NADU

PHONE : 04651 - 279448

Website : www.skhmc.org

E-mail : college@skhmc.org

Lr. No. SKHMC/A2/678/ 2024

Date: 04.05.2024

To

Dr. Jayachandran,
HoD, Pharmacy,
The Dale View College of Pharmacy
and Research Centre,
Punalal P.O
Poovachal
Thiruvananthapuram

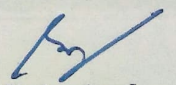
Sir/Madam,

Sub: Dissertation work by MD (Hom.) PG students at The Dale View College
of Pharmacy and Research Centre, Punalal on 06.05.2024- Reg

Permission is granted to the following Part I MD(Hom.) PG students of the
College to go to The Dale View College of Pharmacy and Research Centre, Punalal,
Thiruvananthapuram on 06.05.2024 as part of their PG Dissertation work.

Details of the MD(Hom.) students

1. Dr.Anchana M.C
2. Dr. Aswathy.V.S
3. Dr. Gayathri.M
4. Dr. Phoebe Maria Thomas
5. Dr. Sangavi.V.L
6. Dr. Aswin Anandh.M


Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE
KULASEKHARAM, KANNIYAKUMARI DISTRICT
TAMIL NADU - 629 161

Copy submitted to the Chairman, SKHMC

Copy to PG Coordinator

Copy to HoD , Pharmacy

Copy to HoD, Practice of Medicine

Copy to the concerned Students





**SARADA KRISHNA
HOMOEOPATHIC MEDICAL COLLEGE**
Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161
(Accredited by NAAC with B+ Grade & NABH)

DETAILS OF EXCHANGE VISIT

(for the extension / outreach / collaborative research activities under functional MOU's with the institutions / organizations)

Name of the Collaborative activity undertaken: PHYTOCHEMICAL ANALYSIS, GCMS & HPTLC
OF CAPSICUM ANNUM MOTHER TINCTURE

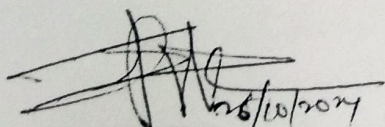
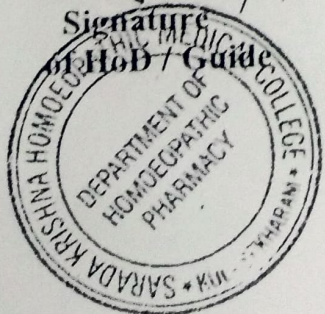
Name of the Collaborating Agency / Organization visited : The Dale View College of pharmacy
and Research Centre, Punalai.

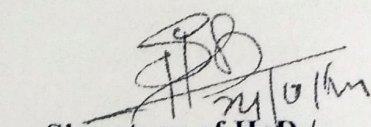
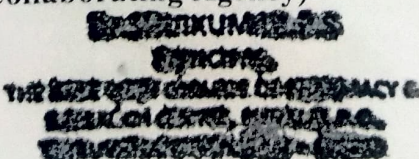
Date of Visit: 25/10/2024 (From.....to.....)


Details of Faculty members participated / involved:

Number of students engaged / participated: 1. Dr. Haritha. J.R, PG Scholar part II
(List enclosed) Dept. of Homoeopathic pharmacy

Outcome of activities:
(Report of Programme / Activity to be enclosed)


Signature of HoB / Guide



Signature of HoD /
Programme i/c
(Collaborating Agency)



Signature
Head of Institution
PRINCIPAL
SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE
KULASEKHARAM, KANNIYAKUMARI DISTRICT
TAMIL NADU - 629 161





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Kulasekharam, Kanniyakumari District, Tamil Nadu-629 161
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DETAILS OF EXCHANGE VISIT

(for the extension / outreach / collaborative research activities under functional MOU's with the institutions / organizations)

Name of the Collaborative activity undertaken: *Animal Experiment*

Name of the Collaborating Agency / Organization visited *Dale View Pharmacy
college and Research Centre*

Date of Visit: (From.....to.....)

Details of Faculty members participated / involved: *Dr. Lekshmi . B.V*

Number of students engaged /participated: *Dr. Anchana .M.C*
(List enclosed) *Dr. Aswathy . V.S*
Dr. Gayathri . M
Dr. Phoebe Maria Thomas

Outcome of activities: *Dr. Sangari V.L*
(Report of Programme / Activity to be enclosed) *Dr. Aswin Anandh. M*

Signature
of HoD / Guide

[Signature]
Signature of HoD /
Dr. Srinivasar.P.S
(Collaborating Agency)

Signature
Head of Institution

THE DALE VIEW COLLEGE OF PHARMACY &
RESEARCH CENTRE, PUNALAL.P.O.,
THIRUVANANTHAPURAM - 695576





THE DALE VIEW COLLEGE OF PHARMACY & RESEARCH CENTRE

Punalal.P.O., Thiruvananthapuram, Pin :695575. ACCREDITED BY NAAC
Phone: 0472-2853763, 2852394, Mobile Number :9446802073
Approved by PCI Affiliated to Kerala University of Health sciences
An ISO 9001-2015 certified institution. Recognized under Section 2 (f) of the UGC Act 1956
Website:www.daleviewcollege.com Email : dvpharma@gmail.com

DETAILS OF EXCHANGE VISIT

Over view of programme :

For the extension/ outreach/ collaborative research activities under functional
MOU's with the institutions/ organizations

Name of the Collaborative activity undertaken : *Skill lab training and preparation
of homoeopathic medicine.*

Name of the Collaborative Agency/ Organization visited : *Sarada kishna Homoeopathic
Medical College*

Date of Visit : (From *23.10.24* to

Details of Faculty members participated / involved : *Dr. Jayachandran Naie c.v, Professor
Ms. Neema. k. Ramesh, Asst. Professor*

Number of students engaged / participated : *37*
(List enclosed)

Outcome of activities : *list attached*
(Report of Programme/ Activity to be enclosed)

Signature of
HOD/ Guide

Signature of HOD/
Programme/
PRINCIPAL
(Collaborative Agency)
SARADA KISHNA HOMOEOPATHIC MEDICAL COLLEGE
KUNDALA, KAM, KANYAN, V...
TAMIL NADU - 622 201

Signature of
Head of Institution
R.P.S
PRINCIPAL,
THE DALE VIEW COLLEGE OF PHARMACY &
RESEARCH CENTRE, PUNALAL.P.O.,
THIRUVANANTHAPURAM - 695575

THE DALE VIEW COLLEGE OF PHARMACY & RESEARCH CENTRE

An ISO 9001:2015 Certified Institution

ACCREDITED BY NAAC

Recognized under Section 2 (f) of the UGC Act 1956

Punalai P.O, Thiruvananthapuram, Pin-695575

Ph: 0472 2853763, 2852394, 9446802073, 9446173063

Fax: 0472 2852394 Website: www.daleviewcollege.com, Email: dvpharma@gmail.com

15/10/2024

The Principal,
Sarada Mission Homoeopathic Medical College,
Door No. 21-41 B, Cheruppaloor,
Kulasekharam - 629161,
Kanyakumari Dist, TN.

Respected Sir/ Madam,

As per the letter from your good office, our 40 students and two faculty members would like to attend the MOU Collaborative activity on skill lab training and preparation of homoeopathic medicine conducted at your esteemed institution on 23/10/2024.

FACULTIES: 1. Dr. JAYACHANDRAN NAIR.C.V., PROFESSOR
2. Mrs. NEEMA.K.RAMESH., ASSISTANT PROFESSOR

SL. NO.	NAME OF THE STUDENT	SL. NO.	NAME OF THE STUDENT
1.	ABHIRAMI J.P	21	BISMI FATHIMA S
2.	ABHIRAMI J.R	22	BISMINA J
3.	ADITHYA UNNI P	23	DEVIKA NAIR M.S
4.	AHALYA P.R	24	JASMIN B
5.	AISWARIYA C.S NAIR	25	JASNA A
6.	AISWARYA ANIL A	26	LEKSHMI PREM S
7.	ALEENA S.S	27	MEENAKSHI L JAYAN
8.	ALIYA A.S	28	RADHIKA R NAIR
9.	AMAL FATHIMA A.S	29	RAVI SANKAR PRASAD P.S
10.	AMINA H	30	RIYA Z.S
11.	AMRUTHA A.S	31	SALFIYA NIZAM
12.	ANCHU ROSE S.A	32	SARANYA M.V
13.	ANEENA ALPHONS	33	SHEHANA S
14.	ANJANA A.S PRADEEPAM	34	SITU STANLY J
15.	ANSA A	35	SIVANI SAJAN
16.	APARNA M	36	SONA BIJU
17.	A SARANYA	37	SOORAJ S.R
18.	ASWATHY B.R	38	VAISHNAVI D.A
19.	ASWIN S	39	THASNI S
20.	AYSHA BANAZEER LIYAKATH ALI KHAN	40	GAYATHRI A.R

Thanking you

Yours faithfully

Principal



SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE

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PHONE: 04651 - 279448

Website: www.skhmc.org E-mail: college@skhmc.org

SKHMC/A2/PdI 36 /2024

Date: 06.01.2025

To

The Principal,
Dale View College of Pharmacy,
Thiruvananthapuram

Sir/Madam,

Sub: Sarada Krishna Homoeopathic Medical College, Kulasekharam, Kanniyakumari District,
Tamilnadu - Off Campus visit by the MD (Hom) students on 08.01.2025 - Reg

Ref: Our Lr. even no. dated 21.12.2024

Your email dated 23.12.2024

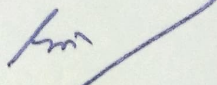
In continuation of our letter I cited, I would like to inform that, instead of 17 students, 21 MD(Hom.) students and three faculty members (as per the list attached) of this college, will be visiting your college on 08.01.2025

List of faculty members

1. Dr. T. Ajayan
2. Dr. Anjaly R Nair
3. Dr. Nithin.R.M

List of students

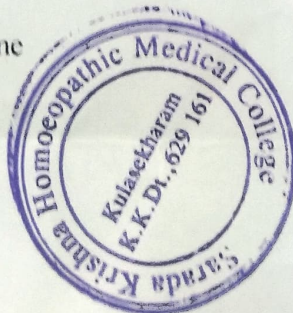
- | | | |
|----------------------------|------------------------|----------------------------------|
| 1. Dr. Aswathy.R.K | 8. Dr. Anchana.M.C | 15. Dr.SubaithaAfrinMohammedShah |
| 2. Dr. Jintu Joy | 9. Dr. Gayathri.M | 16. Dr.Pravija..AP |
| 3. Dr. Teena Sebastian | 10. Dr. Sangavi.V.L | 17. Dr.Anjana U Nair |
| 4. Dr. K.Kuldeep | 11. Dr. Amala.M | 18. Dr. Celsia Princy.F |
| 5. Dr. Yuvaneshwaran A.R | 12. Dr. Jenita Shiny.L | 19. Dr. Ajaai.M |
| 6. Dr. Aswathy.V.S | 13. Dr. Nagasuedha.S | 20. Dr. Anandu B.R. Ram |
| 7. Dr. Phoebe Maria Thomas | 14. Dr. Venkatesh. S.B | 21. Dr. Jeba Christy |


Dr N.V.Sugathan
Principal

PRINCIPAL

SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE
KULASEKHARAM, KANNIYAKUMARI DISTRICT
TAMIL NADU - 629 161

Copy to PG Co- Ordinator
Copy to HoD, Practice of Medicine



REPORT ON JAWAHARLAL NEHRU TROPICAL BOTANICAL GARDEN AND RESEARCH INSTITUTE

As a part of our subject pharmacognosy, DALE VIEW COLLEGE OF PHARMACY AND RESEARCH CENTRE we the students of first year D PHARM were taken to an field visit at **JAWAHARLAL NEHRU TROPICAL BOTANICAL GARDEN AND RESEARCH INSTITUTE, PALODE(JNTBGRI)**. 'JNTBGRI' renamed in the found memory of visionary PM of India **Shri. PANDIT JAWAHARLAL NEHRU** is an autonomous institute established by the government of Kerala on 17 November 1979 at Thiruvananthapuram, the capital city of Kerala. The institute undertake research in conservation biology, biotechnology, plant taxonomy, microbiology, phytochemistry, ethno-medicine and ethno-pharmacology which are the main areas considered to have immediate relevance to the development of garden. This is the only organization in India, which maintains sprawling across 300 acres, this garden system is reckoned as the biggest conservator garden in Asia with over 50,000 plants belonging to about 5,000 more species. The gorgeous chittar flows sinuously through this green landscape adding to its natural beauty. The campus houses a 20-hectre Arboretum that features over 35,000 trees and woody plants, over 150 palm species, around 73 bamboo varieties from various parts of the world, a conservatory of Andaman species and so forth. Besides this, the campus is rich in indigenous and exotic verities of ornamental plants, orchids, carnivorous plants like pitcher-plant, little blossoms, bromeliads, gymnosperms, ferns, cacti, and succulents etc. conservation as well as collection of and research on the tropical plants are the focus of the institute. The institute fosters both ex-situ and in situ conservation. As part of in-situ conservation seedings of endangered species such as Mara Manjal (*Berberis aristata*) are developed and planted in suitable forest areas. The institution also comprises a Herbal Garden dedicated to **ITTY ACHUTHAN VAIDYAN**, a traditional physician of Kerala.



On 7th November, 2023, we conducted our field visit under the guidance of our respected incharges, Mrs.Sruthy Krishna (assistant professor) and Mrs. Meenu Sreekumar, we started our journey at 9 am from college. reached there at 10.30 am. After being paid entry ticket we met a guide Mr. Abhijit, he helped to understand about the garden. That garden contains many type plants and groups varieties. Firstly, we visited **bambusetum**.it contain many varieties of bamboo and it has situated in 20 acres.



PLANT	SCIENTIFIC NAME	USE
GOLDEN BAMBOO	<i>Phyllostachys aurea</i>	Timber Furniture Paper pulp Good for landscape
CLIMBING BAMBOO	<i>Arthrostylidium</i>	Ornamental and Good indoor plant Used by Indian police as a baton
LATHI BAMBOO	<i>Dendrocalamus strictus</i>	Building materials
BUSH BAMBOO	<i>Bambusa valgoria</i>	Food source Bamboo paintings
CHINESE BAMBOO/LUCKY BAMBOO	<i>Pracacna sanderiana</i>	Bring good luck and prosperity to the place where it is grown. It is a indoor plant.
BUDHA'S BELLY BAMBOO	<i>Bambusa ventricose</i>	Edible Indoor and outdoor
GIANT BAMBOO	<i>Dendrocalamus gigantius</i>	Construction Boat mast Bamboo house

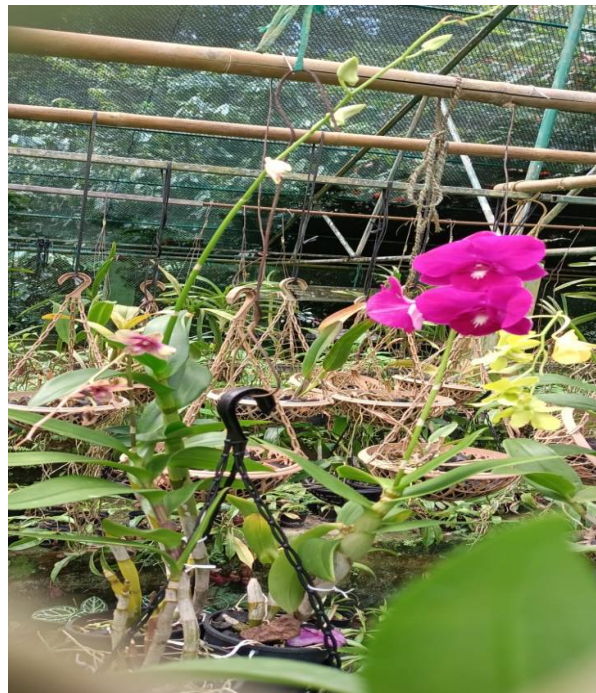
Bamboos are diverse group of flowering plant in the grass family. The giant bamboo are fastest growing plants in the world.

Then we visited **palmetum**, which contain ornamental palm. JNTBGRI has the first collection of palms within the country. In the palmetum over 150 palm species from different parts of the globe are grown. The palmetum was started in 1987 in a 5 hectare degraded plot. Almost all the native palms are represented. A gathering of highly economic, climbing, the rattans is the attraction of the palmetum. About 60 species collected from Madagascar and Malaysia region.



Besides of rattans, endemic palms of western ghats such as *Arenga wightii* Griffith, *betinckia condapana* Berry ex roxb and *pinanga dicksonii*(roxb)B1, ANDAMAN PLANTS SUCH AS *Korthalsia rogersii* Becc and *phoenix paludosa* Roxb from the Northeast are also represented. Through palmetum we reached at water plants. there we seen some type of water lilies like drop blood, pink water lily, yellow water lily etc.

Next, we reached a region where hybrid varieties of orchids are situated. Conserved over 650 species and 200 hybrids of orchids in more than 2000 accessions. **Orchids** were one of the favorite groups'pf plants of prof. Abraham, a founder director of TBGRI. In here there were many types of hybrid orchid, but tiger orchid is a special variety of orchid. *Grammatopyllum speciosum* is also known as Tiger orchid or queen of orchid one shoot can give up to 80 flowers once it mature flower can be up to 10cm wide. the flowers are deep yellow with marron and dark red spot.



After visiting orchid section, we visited the Aromatic and medicinal plants. There are number of medicinal and aromatic plants. Then we saw a house where full of carnivorous plants. **Carnivorous plants** are those catch insects and other animals and digest them eventually to supplement their nutritional requirement. Two types of carnivorous plants are distinguished. North American pitcher plants have leaves that can photosynthesis and capture prey. The Australian pitcher plant (Nepenthes) produce leaves that can photosynthesis but not capture prey, and or produce traps that capture prey. They kill a variety of living things like insects, spiders, and other small soil and water living invertebrates. Venus fly Trap and Nepenthes are secretly the star attraction. Some of the carnivorous plants in JNTBGRI collection.



- *Aldrovanda vesiculosa*
- *Dionaea muscipula*
- *Dionaea indica*
- *Nepenthes ampullaria*
- *Pinguicula cyclosecta*
- *Sarrocenia leucophylla*
- *Sarrocenia flava*

That room also include the varieties of anthurium. There were many species of anthurium that have brightly coloured waxy bracts or spathes (modified leaves) that look like flowers. The most attractive feature of anthurium is their flowers. The flowers have variety of colors; red, shiny red, white, pink etc. Then we entered a place where group of plants which perform a function like antidiabetics, antimalarial etc.

Then we saw the leaves of **Giant water lily**. the plant has the largest leaves among all aquatic plants, its leaves are huge, covering a wide area when floating in water. The species known as the giant water lily even has leaves which have diameters up to 3 meters. **Victoria water**

lily's leaf is not only famous for its size, but also the ability to support a heavy weight across the surface, the leaf could easily support a child or even a lean adult. At there we seen a special tree known as simsapa tree/sinosipa. Under the shade of this tree Sita is believed to have sat in the Ashoka vana in Sri Lanka, this information from guide gave an excitement to us and, we saw 40 varieties of jasmine and roses.



Then we reached at ginger garden, we seen the varieties of ginger with flowers some of them are used for medicinal use and some are used for shampoo making etc. a small waterfall seen outside and a peaceful walkway was in that garden. That walkways lead to ITTY ACHUTHAN VAIDYAN'S garden.



Through developing ITTY ACHUTHAN VAIDYAN'S garden, JNTBGRI has tried to project the traditional association existed in the part. Which has almost vanished from the present society. ITTY ACHUTHAN was a famous ayurvedic physician lived about 300 years back in Kerala. He belonged from a ayurvedic family in Alappuzha district and served as major collaborator of the classical work on medicinal plants of Kerala-hortus malabaricus, published in 1678-1703 by van rheade. The developmental work of the ITTY ACHUTHAN VAIDYAN's garden had been started on 1st February 1996. The major attraction is the water bodies inside the garden, a stream, two ponds and succeeded in getting perennial water

supply to the water bodies from chittar river by just gravitational force through underground by pipe. It served a habitat for fishes, frogs, and its predators. Reptiles and birds, several architectural features were incorporated in the garden, which include 'kottyambalam' style entrance, boundary wall made up of clay adorned with wall lamps, kallvilakkku, thullasithara, etc. and it also a habitat for monkeys. At the end we saw some trees like Nenmani Vaka, thondi, alpam, bhootham kolli etc. and sen kadaladi, and sandal tree.



Group of athi, ethi, Peral, arrayal. It is used for menstrual bleeding problem and delivery treatment. Its bark is used for medicinal purpose.



After visiting these spots, we had lunch break from 12 to 12.45 pm. We returned to our college at 3.00 pm.

DATE: 23.10.2024

**A REPORT ON - A VISIT TO SARADAKRISHA HOMEOPATHIC
MEDICAL COLLEGE**

Homeopathy (or homoeopathy) is a 200-year-old form of alternative medicine that claims to stimulate a healing response and strengthen the body's ability to heal itself. Those who practice it claim that it is a holistic system of medicine based on the theory of treating 'like with like'. It claims to stimulate the body's own healing response to disease, using specially prepared, highly diluted preparations. Homeopaths say they aim to treat the whole person, taking into account personality, lifestyle and hereditary factors, as well as the history of the disease. Since all people are unique, homeopathic medicines are prescribed to treat individuals. The effectiveness of homeopathy is yet to be proven by medical science. There is no such thing as a homeopathic vaccine, and homeopathic medicines are not a replacement for conventional medical treatment of serious diseases or infections.

While homeopathic medicines are not considered in themselves harmful, homeopathy can be considered dangerous if a person relies on it as a medical treatment and uses homeopathic medicines as a replacement for conventional medical treatment when dealing with serious diseases or infections. As a part of student exchange program conducted at Sarada Krishna Homeopathic Medical College, Kulasekaram, Tamil Nadu, we the students of 8th semester B.pharm, The Dale View College of Pharmacy And Research Centre visited the above college on 23rd oct 2024. The program was co-ordinated by Dr Jayachandran Nair CV, Professor, Head of Department of Pharmacology and Mrs. Neema K Ramesh, Assistant Professor, The Dale View College of Pharmacy and Research Centre, Punalal, Thiruvananthapuram.

Sarada Krishna Homeopathic Medical College is renowned for its comprehensive curriculum and commitment to holistic health.

The main aim of this program was to achieve basic ideas regarding first aid methods along with their workshop and preparation of homeopathic formulations. This program includes a series of lectures, hands on training by allowing the students to engage deeply with both theoretical and practical aspects. Moreover, the college authorities welcomed the students as well as faculties participated in the workshop in a pleasant and well arranged manner.

The details regarding student exchange program was introduced by Dr. S. Sreeja, Professor and Head of Department of Practice of Medicine, Sarada Krishna Homeopathic Medical

College. She started with a brief introduction about “Basics of homeopathic medicines” and “Importance of first aid simulation”.



The session was then continued by Dr. Harishankar from Department of Practice of Medicine, where the college authority splits the 37 students into two groups for giving classes separately in an efficient manner.

WOKSHOP ON BASICS OF FIRST AID

Before starting the hands-on training in first aid, five sections was arranged by Department of Practice of Medicine, which includes first aid method to be followed in case of syncope, pediatric & adult choking, bone fracture, snake bite and how to give Cardio Pulmonary Resuscitation in both adults and in pediatrics.

Hands on training were given by assigned Doctors with the help of mannequins, pictorial representation etc...They explained very well about how to handle the dangerous situations and accidental cases which occurring in our daily life. They give us with sufficient information for our doubts regarding the topic.



SESSION ON PREPARATION OF HOMEOPATHIC PREPARATION

The session on Preparation of Homeopathic formulation was given by Dr.Ramya S S, Associate Professor, Sarada Krishna Homeopathic Medical College. She discussed about the definitions, history and key principles involved in Homeopathy. The different methods of preparation of Homeopathic medicines was well explained and also gave a brief information about various natural sources of Homeopathic medications. At the end of the session took by her, she took us to a laboratory within college where she explained various instruments used in homeopathy for mixing, trituration and dilution. Moreover, the college gave an opportunity for the students to see the museum within the college in which specimens of animals, and plants are stored.



Overall, the program was a very successful one, the students got an excellent opportunity to explore more about the importance of homeopathy and the use of homeopathic preparations as well as to study the basic methods of life saving in emergency conditions.



FEEDBACK FROM STUDENTS

As final year students of pharmacy, it was a good opportunity for us to get such a exposure with an outside medical college institution. Student exchange programmes are not only enriching experiences but also an essential part of education in a globalised world. As students from medical field, the workshop on first aid basic techniques and class on importance of homeopathic medications was souseful for us. n today's interconnected world, the value of international exposure and cultural exchange cannot be overstated. Student exchange programmes have evolved as potent drivers of personal development, global understanding, and academic performance. Student exchange participation help us to gain a variety of useful skills, such as adaptation, problem-solving, and cross-cultural communication. These programmes have given life-changing global experiences.

We are also looking forward to be involved in such program which may help in improving our academic skill both theoretically and practically.